The Endometriosis and Adenomyosis Association of Sri Lanka

TWO-DAY • CASE-BASED • LIVE SCANNING

ADVANCED ULTRASOUND WORKSHOP

ENDOMETRIOSIS & ADENOMYOSIS

"From Systematic Examination to Disease Mapping"

DATE: 29–30 OCTOBER 2026

TIME: 09:00–15:30 EACH DAY
Venue – Jetwing Colombo Seven

isuog

Approved by the International Society of Ultrasound in Obstetrics and Gynecology (ISUOG)

DAY 1

Ultrasound Assessment of Endometriosis

DAY 2

Adenomyosis & Advanced Pelvic Ultrasound

KEY LEARNING AREAS

- **IDEA approach**
  Systematic pelvic examination & sliding sign
- **Disease mapping**
  Ovarian, bowel, bladder & ureteric endometriosis
- **MUSA features**
  Diffuse/focal adenomyosis & adenomyoma
- **Advanced imaging**
  3D ultrasound, #ENZIAN & structured reporting

INTERNATIONAL FACULTY

Assoc. Prof. Ligita Jokubkiene
Lund University, Sweden
Skåne University Hospital, Malmö

Assoc. Prof. Tina Tellum
Oslo University Hospital
University of Oslo, Norway

WHO SHOULD ATTEND

Obstetricians & Gynaecologists • Reproductive Medicine Specialists • Radiologists • TVS-experienced Clinicians • O&G/Radiology Trainees

COURSE FEE (BOTH DAYS)

Overseas participant: **USD 100**
Local consultant: **LKR 15,000** (onsite LKR 20,000)
Local Trainee: **LKR 8,000** (onsite LKR 12,000)

REGISTRATION / CONTACT

Email: endometriosislanka@gmail.com
Contact: +94 76 467 7061 (Dr Banuka)

Certificate of Completion

The Endometriosis and Adenomyosis Association of Sri Lanka

THE ENDOMETRIOSIS AND ADENOMYOSIS ASSOCIATION OF SRI LANKA

ADVANCED ULTRASOUND WORKSHOP

Ultrasound in Endometriosis and Adenomyosis

From Systematic Examination to Disease Mapping

DAY 1

ULTRASOUND ASSESSMENT OF ENDOMETRIOSIS

DATE	TIME	VENUE
29 OCT 2026	09:00–15:30	Jetwing Colombo Seven

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TIME	PROGRAMME	FACULTY
09:00–09:15	Welcome, course introduction & changing role of ultrasound ISUOG presentation	Ligita / Tina
09:15–09:45	Optimizing the Ultrasound Examination Machine settings, transducer technique, Doppler optimisation & technical factors	Tina Tellum
09:45–10:15	Systematic Ultrasound Examination in Endometriosis IDEA approach, uterus/ovaries, mobility, sliding sign, POD, bowel, bladder & ureters	Ligita Jokubkiene
10:15–10:35	**Tea Break**	
10:35–11:20	Ovarian Endometriosis Endometriomas, IOTA method, differential diagnosis & bilateral disease Interactive Video Quiz 1: What Is This Ovarian Lesion?	Ligita Jokubkiene
11:20–11:45	Ovarian Mobility, Soft Markers & The Sliding Sign Fixed/medialised ovaries, kissing ovaries & POD obliteration Interactive Video Quiz 2: Positive or Negative Sliding Sign?	Tina Tellum
11:45–12:30	**LIVE SCAN SESSION 1: The Systematic Endometriosis Scan** **Complete systematic examination demonstration**	Ligita / Tina
12:30–13:15	**Lunch**	
13:15–13:45	Posterior Compartment: Bowel Endometriosis / Deep Endometriosis Interactive Image Quiz 3: Normal, Superficial or Deep?	Ligita Jokubkiene
13:45–14:30	Posterior Compartment: Uterosacral Ligaments & Retrocervical Area Interactive Video Quiz 4: Bowel Endometriosis	Tina Tellum
14:30–15:10	**LIVE SCAN SESSION 2: Mapping Deep Endometriosis** **Expert demonstration focused on posterior compartment and bowel**	Ligita / Tina
15:10–15:30	Day 1 Case Challenge Three complex cases: diagnosis, localisation, extent and reporting	Ligita / Tina

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AT A GLANCE

- **USS** — Advanced pelvic ultrasound
- **LIVE** — 4 faculty live scans
- **QUIZ** — 4 interactive quizzes
- **CASE** — Complex case challenge

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Onsite: LKR 20,000
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Onsite: LKR 12,000

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ADVANCED ULTRASOUND WORKSHOP

Ultrasound in Endometriosis and Adenomyosis

From Systematic Examination to Disease Mapping

DAY 2

ADENOMYOSIS & ADVANCED PELVIC ULTRASOUND

DATE
30 OCT 2026

TIME
09:00–15:30

VENUE
Jetwing Colombo Seven

isuog — Approved by the International Society of Ultrasound in Obstetrics and Gynecology (ISUOG)

TIME	PROGRAMME	FACULTY
09:00–09:15	Day 1 Review Rapid-fire image and video quiz	Ligita / Tina
09:15–10:00	Adenomyosis: Understanding the Ultrasound Appearance MUSA features, diffuse/focal adenomyosis, adenomyoma & diagnostic pitfalls	Tina Tellum
10:00–10:30	MUSA: From Description to Diagnosis Interactive interpretation of adenomyosis cases Interactive Image Quiz 5: Is This Adenomyosis?	Ligita Jokubkiene
10:30–10:45	**Tea**	
10:45–11:30	**LIVE SCAN SESSION 3: The Systematic Adenomyosis Scan** **Expert demonstration using MUSA terminology**	Tina Tellum
11:30–12:00	3D Ultrasound in Adenomyosis Coronal uterine plane, junctional zone, adenomyosis/adenomyoma & when 3D adds value Interactive 3D Image Quiz 6	Ligita Jokubkiene
12:00–12:45	Endometriosis + Adenomyosis Coexistence, clinical/ultrasound overlap, whole-pelvis assessment & what surgeons want to know	Ligita / Tina
12:45–13:30	**Lunch**	
13:30–14:00	Anterior Compartment & Ureteric Endometriosis Bladder disease, ureteric assessment, hydroureter, obstruction & further imaging Interactive Video Quiz 7: Ureteric Disease	Tina Tellum
14:00–14:40	**LIVE SCAN SESSION 4: The Complex Pelvis** **Comprehensive expert examination integrating principles from the course**	Ligita / Tina
14:40–15:05	From Ultrasound to a Clinically Useful Report Structured reporting, disease mapping, location/size/extent and #ENZIAN	Ligita Jokubkiene
15:05–15:25	FINAL INTERACTIVE CASE CHALLENGE Integrated case using history, ultrasound images, video, Doppler and 3D imaging	Ligita / Tina
15:25–15:30	Closing & Key Take-Home Messages	All faculty

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AT A GLANCE

- MUSA — Standardised terminology
- 3D — 2 faculty live scans
- LIVE — Advanced imaging
- MAP — Clinically useful reports

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